



Toronto Foundation for Student Success

Hadden Family Foundation

2024 Report





Updates & Overviews

When students returned to their classrooms for the 2023–2024 school year, it was against the backdrop of soaring housing and food costs. As families in Toronto's underserved communities struggled to afford necessities like housing and groceries, we saw a significant increase in student need. Thousands more children relied on school nutrition programs for food, and demand for our **beyond 3:30** program continued to grow. Thanks to the Hadden Family's generosity, our programs were there to support our city's most vulnerable children when they needed it most.

With the [cost of food increasing by over 20% over the past three years](#), many Student Nutrition Programs (SNPs) have struggled to provide enough healthy food to meet the growing student need. So, in October, to help get more food to the children in greatest need, we launched the **Bridging the Nutrition Gap** (BTNG) initiative as part of our Central Nutrition Pantry program. Starting with schools in priority communities that could only afford to give their children one serving of food per day (nutrition guidelines call for three food groups), we began providing one to two additional portions of food every day, at no cost to the programs. The kids loved getting delicious fresh fruit and veggies, yogurt, cheese and whole-grain foods.

At **beyond 3:30**, the program was back in full swing. The kids got daily homework help, plenty of time to play with friends and stay active, and our Junior Chefs cooked dinner each night. Our **beyond 3:30** kids continued to be positively impacted academically, socially and emotionally after years of pandemic disruptions. So, we remained focused on bringing wellness into all areas of the program.

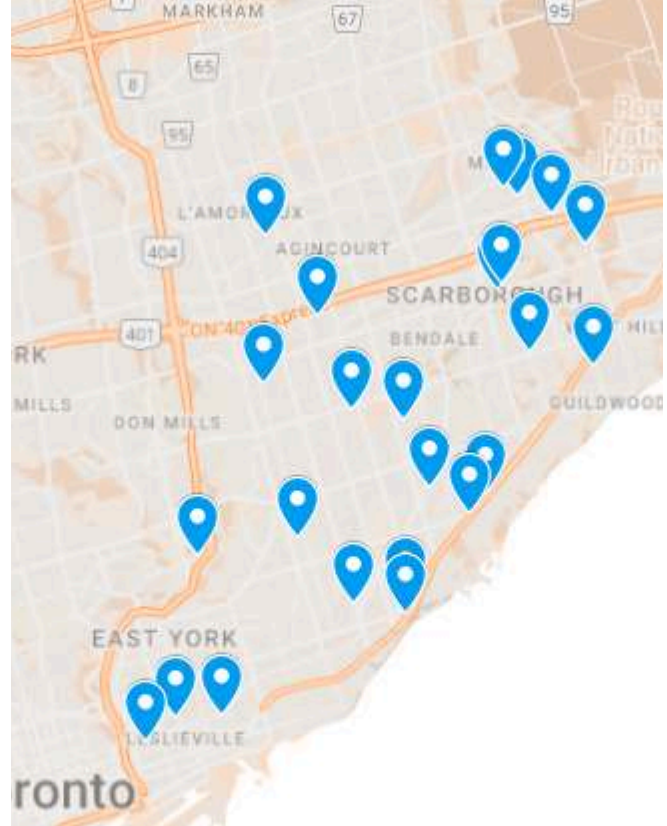
As thousands of children across the city continue to experience poverty and the nutrition gap continues to widen, support from the Hadden Family Foundation is crucial; and, on behalf of the children we serve, we are so very thankful for your continued support.

Thank you, Hadden Family!

Student Nutrition

This year, soaring food costs continued to hit vulnerable Toronto families hard. In some underserved communities, [**62% of families reported experiencing food insecurity**](#). As more and more children arrived at school hungry, school-based nutrition was a lifeline they could rely on. Thanks to the Hadden Family Foundation's help, we were able to support the nutrition needs of over **12,205 children** in **25 schools** in the Scarborough community.

To address the increasing demand and food cost challenges, we continued to work with partners and vendors to leverage our purchasing power and reduce costs. Through our Bridging the Nutrition Gap initiative, we partnered with the Ontario Food Terminal and other deep-discount sources to purchase fresh fruits and vegetables, which we then delivered directly to schools in priority communities at no cost to the programs. Your donation helped us achieve a 60% savings and provide an additional 1.2 million healthy meals to nearly 35,000 students in 89 schools in the city's most underserved communities this year.



Student Nutrition



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The additional food from BTNG has helped us provide both better quality and better portions of healthy, nutritious foods to our students. Because of this program, we're now able to serve the 3 full food groups needed to help our kids learn and stay focused in class. Before BTNG, we could only serve 2 food groups. – SNP Coordinator, Elementary School

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The program has made all the difference. The devastating inflation and cost of food, essentials and rent has hit our families hard, and some are without funds, resources, and daily necessities. It means protection, care, respect and comfort. It means that they are able to come to school, remain in class, and focus on learning.

- Principal, Elementary School



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We are so deeply grateful for the additional support from Bridging the Nutrition Gap. There is a lot of student hunger at our school — kids are coming without lunches, and the morning snack we're able to offer is often their first meal of the day. Having access to nutritious food during the school day makes such a difference for our students — it's truly the difference between a day with sunshine and one without. The help from this program is a lifeline. - *Principal, Elementary School*





Student Nutrition

Since 2013, the Hadden Family Foundation's *Feeding Hungry Minds Program* has supported student nutrition in the following schools in Toronto:

Albert Campbell C.I.
Alexander Stirling P.S.
Anson Road P.S.
Anson S. Taylor Jr. P.S.
Banting and Best P.S.
Berner Trail Jr. P.S.
Beverley Heights M.S.
Beverley School
Birch Cliff Heights P.S.
Birchmount Park C.I.
Blake Street Jr. P.S.
Bliss Carmen Sr. P.S.
Bloordale M.S.
Bowmore P.S.
Briarcrest Jr.S.
Bruce P.S.
Buchanan P.S.
Burnhamthorpe C.I.
Carleton Village Jr. and Sr.
Sports & Wellness Academy
Cedar Drive Jr. P.S.
Cedarbrook P.S.
Charles Gordon Sr. P.S.
Chester Le Jr. P.S.
Chief Dan George P.S.
City Alternative School
Clairlea P.S.
Corvette Jr. P.S.
Don Mills C.I. / Don Mills M.S.
Dorset Park P.S.
Dovercourt P.S.
Downsview S.S.
Driftwood P.S.
Dublin Heights Jr & MS.
Earl Haig S.S.
East York Alternative S.S.
Eastdale C.I.
Eastview Jr. P.S.
Edgewood P.S.
Elmlea Jr School

Emery C.I.
Emily Carr P.S.
F.H. Miller Jr. P.S.
Finch P.S..
First Nations Jr. and Sr.
School of Toronto
Flemington P.S.
Gateway P.S.
General Brock P.S.
General Crerar P.S.
George Peck P.S.
George P Mackie Jr.P.S.
Glamorgan Jr. P.S.
Golf Road Jr. P.S.
Greenholme Jr. M.S.
H.A. Halbert Jr. P.S.
Hunter S Glen Jr. P.S.
John McCrae P.S.
Joseph Brant Sr. P.S.
Kapapamahchakwew –
Wandering Spirit School
L 'Amoreaux C.I.
Leslieville Jr PS
Lester B Pearson C.I.
Lord Roberts Jr P.S.
Lucy Maud Montgomery P.S.
Lynnwood Heights Jr. P.S.
Macdonald C.I.
Malvern Junior P.S.
Mapplewood H.S
Martingrove C.I
Mary Shadd P.S.
Maryvale P.S.
Melody Village Jr. P.S.
Military Trail P.S.
Muirhead P.S.
Native Learning Centre East
North East Year Round
Alternative Centre
Northview Heights S.S.
Oakridge Jr. P.S.

Orde Street P.S.
Parkview Alternative School
Pauline Johnson Jr. P.S.
Perth Avenue Jr. P.S.
Pineway P.S.
Regent Heights P.S.
Rene Gordon Health &
Wellness Academy
RH King Academy
RJ Lang P.S.
Robert Service Sr. P.S.
Roden P.S.
Roywood P.S.
Samuel Hearne M.S.
Scarborough Village P.S.
Shirley St Jr PS/City View
Alternative Sr School
Silver Springs P.S.
Sir Alexander McKenzie Sr. P.S.
Sir Ernest MacMillan Sr. P.S.
Sir Wilfrid Laurier C.I.
Sir William Osler C.I.
Sprucecourt P.S.
St. Margaret's P.S.
Stephen Leacock C.I.
Subway Academy
Taylor Creek P.S.
Tecumseh Sr. P.S.
Terraview Willowfield P.S.
Timberbank Jr. P.S.
Walter Perry Jr. P.S.
Wellesworth Jr. P.S.
West Hill P.S.
Westmount Jr. School
Weston C.I.
Westview Centennial C.I.
Westwood M.S.
Winston Churchill C.I.
Woburn C.I.
Woburn Jr. P.S.
York Humber H.S.

beyond 3:30

As more and more children across the city face poverty and food insecurity, and continue to struggle with pandemic-related learning loss and disruptions to their mental wellness, support from the Hadden Family Foundation has allowed **beyond 3:30** to be there for them.

The 2023–2024 school year was exciting for **beyond 3:30**. With the generous support of the Hadden Family Foundation, we expanded the program to an additional school and saw program participation rise back up to pre-pandemic levels. Your support helped us provide **1,294 children** with a safe place to spend their after-school hours. From playing sports and games with friends to fun in the kitchen learning how to cook, to exciting field trips around the city, the year was full of smiles for the **beyond 3:30** kids.

The year was not without its challenges though. One of the biggest hurdles was the increasing cost of running the program due to high levels of inflation. The rising costs of groceries were particularly tough. But thanks to the Hadden family, we were able to make sure that the kids could rely on **beyond 3:30** to provide them with a hot, nutritious supper at the end of each school day.

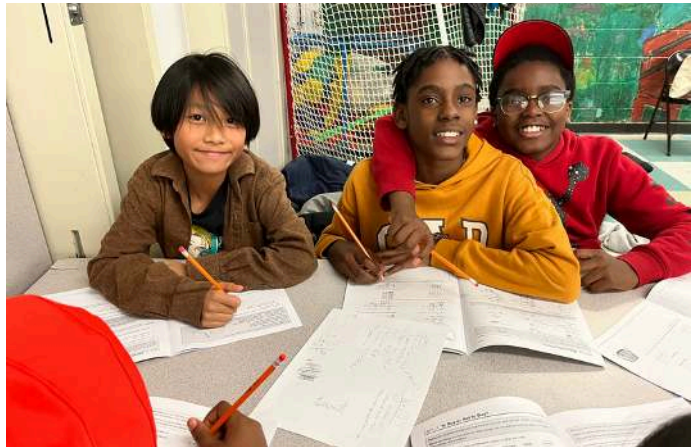


Academic Support

This year, we continued to make sure that the **beyond 3:30** kids received daily academic support to help fill gaps in learning tied to the pandemic. Through our partnership with JUMP Math, we continued providing math support and, through financial literacy workshops, the kids learned things like how to budget for living expenses like groceries.

We also continued to provide STEM programming for the kids through partnerships with Visions of Science and Canada Learning Code. The kids participated in fun science challenges throughout the year, and the winning teams even won gold medals! They also learned computer coding skills, to help them thrive in an increasingly digital world.

“ I liked getting homework help at **beyond 3:30**. It helped with my grades a lot and my teachers even noticed!
– Participant, **beyond 3:30**



Wellness Programming

As the number of children and youth struggling with their wellness continues to rise, **beyond 3:30** has been focused on making sure our children are supported.

This year, we partnered with CAMH (Centre for Addiction and Mental Health) to develop and test a youth mental wellness and Social-Emotional program to help kids learn strategies for resiliency, self-regulation, good decision-making, and healthy coping. Some of the **beyond 3:30** kids even got to participate alongside our staff on the program advisory council, providing feedback on its development. We rolled out trials at 5 sites this year, and we'll be launching the full modules next year to all 20 sites.

It's incredible to see the impact of Social-Emotional Learning on the kids in the program. From meditation to sharing circles, they're learning the skills to recognize and manage their emotions, communicate kindly to others, and stay calm during times of stress.

“ I learned about why it's important to help other people, and how to help calm myself when I feel stressed. It feels really good to learn about these things. – Participant, **beyond 3:30** ”



Sports & Physical Fitness

At **beyond 3:30**, we know that daily physical activity helps keep kids healthy. That's why we make sure that program participants get one hour of physical activity each day after school. Whether it's playing basketball, baseball, soccer and rugby outdoors or playing badminton and dodgeball indoors, sports programming is one reason kids love **beyond 3:30** so much.

In May, they got to put their basketball skills to the test during our annual **beyond 3:30** Basketball Tournament at Toronto Metropolitan University. The kids had a blast travelling downtown with their teams to play on the big court and made memories that will last a lifetime. In June, the kids rounded out the year shoring up their baseball skills with special workshops from the Jays Care Foundation and enjoyed the fresh air and greenery with friends during our Wellness Walk.

“

Before I started going to **beyond 3:30**, I didn't like running and playing sports. But **beyond 3:30** helped me learn about all the different sports and games I can play. And now, I actually really like it! – Participant, **beyond 3:30**



Nutrition & Junior Chefs

As food insecurity becomes a reality for more and more kids across the city, we are so grateful that the Junior Chefs' program continued strong this year, thanks to the Hadden Family's generous support.

Each and every day after school, the **beyond 3:30** kids enjoyed a delicious and nutritious supper cooked in-house by the kids themselves, with the support of our nutrition staff. Not only does the Junior Chefs' Club help keep them energized, it also teaches them the skills to thrive in the kitchen! From dicing to slicing to sautéing and baking, the kids took turns in the kitchen helping to prepare meals, and they even helped with the dishes, too! The Junior Chefs' program is a big draw for the kids, and many of them love showing off their culinary creations!

This year also marked the return of the **beyond 3:30** Junior Chefs' Cooking competition! The kids put their cooking skills to the test, competing in teams to perfect a recipe and present it to a panel of restaurant professionals. The kids learned tips and tricks of the trade, and the winners won a special lunch with the judges.



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What I like the best about **beyond 3:30** is that we get to help cook dinner and then we get to eat with our friends!
- Participant, **beyond 3:30**



beyond 3:30 in Photos

ACADEMIC SUPPORT



STEM

WELLNESS WALK



TALENT SHOW

The Hadden Family Visits



Winchester Junior &
Senior Public School

Thanks for your continued support, Hadden Family!



Budgets & Allocations

BEYOND 3:30

STUDENT NUTRITION

B330 PROGRAM SITE	2022-2023 SCHOOL YEAR	BRIDGING THE NUTRITION GAP	2022-2023 SCHOOL YEAR
DONATION AMOUNT	100,000	DONATION AMOUNT	\$150,000
Bliss Carman Senior Public School	\$5,263.16		
Brookview Middle School	\$5,263.16		
Carleton Village Junior & Senior Sports Academy	\$5,263.16		
Charles Gordon Senior Public School	\$5,263.16	Number of Schools Supported	25
DA Morrison Middle School	\$5,263.16	Number of Students Reached	12,205
Dixon Grove Junior Middle School	\$5,263.16		
Dr. Marion Hilliard	\$5,263.16		
Emily Carr Public School	\$5,263.16		
George Syme Community School	\$5,263.16		
Greenholme Junior Middle School	\$5,263.16		
Iroquois Junior Public School	\$5,263.16		
Joseph Brant Public School	\$5,263.16		
Lawrence Heights Middle School	\$5,263.16		
Maple Leaf Public School	\$5,263.16		
Military Trail Public School	\$5,263.16		
Portage Trail Community School	\$5,263.16		
Smithfield Middle School	\$5,263.16		
Tecumseh Sr Public School	\$5,263.16		
Valley Park Middle School	\$5,263.16		
Number of Students Reached	1,195		



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